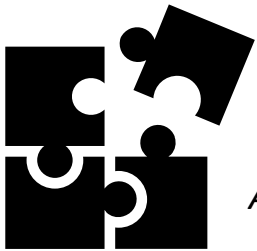


Positive Discipline in Everyday Parenting in Vietnam

What we learned from 120 parents who took PDEP in Vietnam.

About the parents

Most were mothers (86%), were over the age of 30 (80%), had 1 or 2 children (87%), and had completed at least a university or college degree (92%).



Before taking PDEP,
85% believed they had the skills
to be good parents.

After taking PDEP, **98%** felt this way.

Before taking PDEP,
26% believed they could solve
most of their parenting challenges.

After taking PDEP, **74%** felt this way.

Where the parents live



By the end of the program:

- **100%** believed PDEP will help them **build stronger relationships** with their children.
- **99%** believed PDEP will help them **control their anger**.
- **99%** believed PDEP will help them **understand their children's feelings**.
- **94%** believed PDEP will help them **use less physical punishment**.
- **96%** believed PDEP will help them **understand their children's development**.
- **97%** believed PDEP will help them **communicate better** with their children.
- **99%** believed more strongly that parents **should not use physical punishment**.